

## African and Caribbean Menu Selection

## Menu

Crisp

Peanuts/assorted nuts

prawn crackers

Crudite platter and dip

Pickles, black and green olives

Prawn cocktails

Plain cakes

Rice bread

Ginger beer

Fruit punch

Alcohol fruit punch

Spring rolls and dip

Crab claws

Fried plantain

Beans akara and dip

Rice akara and dip

Scotch eggs

Fish ball

Chicken cutlet and dip

Meat ball and dip

Beef pie

Honey ribs

Spicy chicken wings.

**BBQ** wings

Salt fish in batter

King prawn in batter

Deep fried chicken in batter

Deep fried pork balls

Shredded smoked chicken

Chicken in sweet and chilli sauce

Homemade soup served with bread

rolls/croutons

Fried fish grilled vegetables garnish

**Dressed salmon** 

Roast beef

Pepper chicken

Jerk chicken

Marinated fried chicken



Marinated fried chicken
Tandorie massala chicken
Flaked chicken in oyster sauce
Sweet and sour chicken served with plain rice
Sweet and sour pork served with plain rice
Boiled rice

Steamed mixed vegetables
Special seafood stir fried rice

Chinese stir fried rice

- \*Jollof rice served with chicken, beef stew
- \*Wild rice and five beans served with beef stew
- \*Beef stroganoff/rice
- \*Goat curry yellow rice
- \*Chicken curry yellow rice
- \*Lamb curry yellow rice

Spinach stir fried rice with peppers (vegetable dish)

Five beans hot pot (vegetable dish)

Macaroni cheese (vegetable dish)

Vegetable stir fried (vegetable dish)

Lebanese potato (vegetable dish)

Vegetable lasagne (vegetable dish)

Samosa (vegetable dish)

Chow mien (vegetable dish)

Chicken chow mien

\*Prawn chow mien

Special chow mien

Pork chow mien

\*Seafood chow mien

Mediterranean pasta (vegetable dish)

Sweet and sour mixed vegetables (vegetable dish)

Vegetable in black bean sauce (vegetable dish)

Rice stick

Spaghetti Bolognese

Spaghetti carbonara

Pasta carbonara

Seafood pasta baked

Moi -Moi

- \*Egusie soup served with foo foo
- \*Cassava leaves served with plain rice
- \*Potato leaves served with plain rice



\*Diced lamb in gravy sauce served with potato and seasonal boiled vegetable Mixed salad 3 types of dressings

African salad

Coleslaw

\*Cold canopies

Tuna pasta, sweet corn and pepper salad

Greek salad

Grated carrot salad

Raw vegetable in soy sauce and oyster sauce

Seafood mixed salad

Sweet corn and pepper salad

Potato and spring onion salad

\*Cheese salami ham plate

Avocado salad (guacamole)

\*Pepper soup cooked with cow foot, pigs feet, oxtail and tripe

Vegetable soup

Fish pepper soup

Honey glazed roast pork leg

Beans stew ( with palm oil or oil)

Sweet potato

Fish stew (with palm oil or oil)



\*Salt fish stew
Homemade fruit salad
Trifle
Assorted gateau
Freshly slices platter (4 types of fruit)
Farm house cheese board/biscuits
Couscous
\*CrainCrain and served with foo foo

## You are only allowed to choose two of the (star)\* items

